

Housing Assistance

Housing Authority of Thurston County
Family Support Center
(360) 457-9297 x200 ce@fscss.org

Catholic Community Services Housing and
Essential Needs (360)583-3410
ccsww.org

Mysti Cares (800) 524-4827
help@mysticares.org
www.mysticares.org

Housing & Shelter Hotline (844)628-7343

Union Gospel Mission (360)709-9725

The Salvation Army (360) 352-8596

Family Support Center of South Sound
(for homeless families) (360)754-9297

Community Youth Services (For homeless
youth age 24 and under) (360) 943-0780

Department of Social and Health Services
(877) 501-2233
<https://www.dshs.wa.gov/>

Capital Recovery Center (306) 357-2582

ROOF Community Services (360) 273-
6375

Yelm Community Services (360)458-6375

Presented By



WASHINGTON
Alliance for Life

Support Life Today

If you would like to join us in support of
life, please contact us today.
Volunteers and funds are always
welcome to help us bring resources to
people in need from conception until
natural death

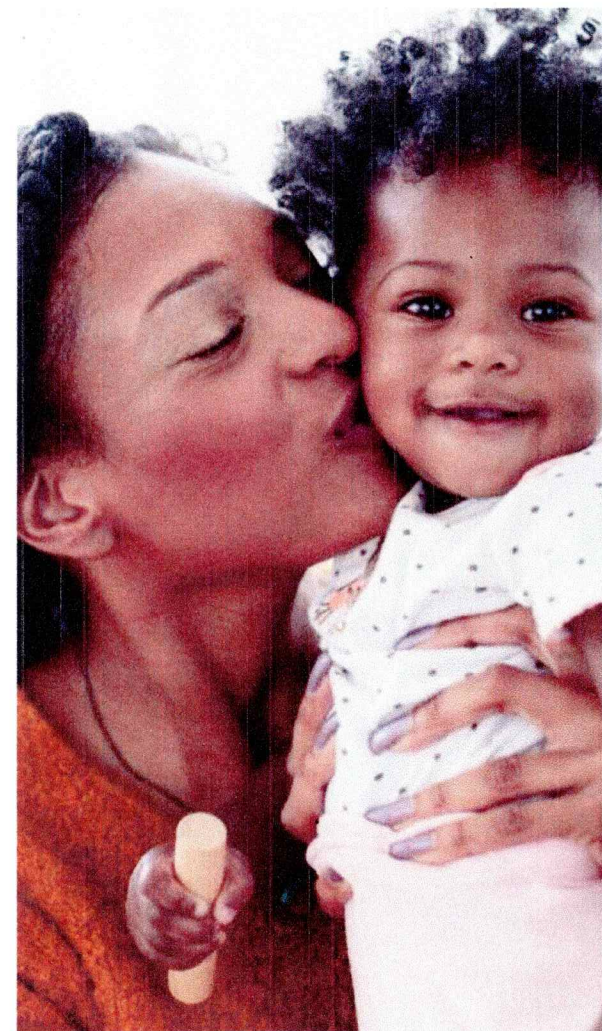
Washington Alliance for Life

Contact Information:

web: [HTTPS:\\www.wash4life.com](https://www.wash4life.com)
washall4life@gmail.com

[HTTPS://www.facebook
.com/oncesaved.faith](https://www.facebook.com/oncesaved.faith)

Mail donations to:
Washington Alliance for Life
PO Box 343
Graham, WA 98338



Thurston County
Resource Guide



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Senior Services

Lewis-Mason_Thurston Area Agency on Aging. (360) 664-2168

<https://lmtaaa.org>

Behavioral health, Caregiving Help, Cultural Services, Food&Nutrition, Home & Repair, Legal Services, Long Term Care, Medical, Dental & Vision, Transportation and more.

Senior Services for South Sound (360) 586-6181

<https://southsoundseniors.org>

Activities, Bingo, Adult Day Program, Budd Bay Bargains, Community Dining, Home Share, Inclusion, Meals on Wheels, Pet Assistance for low-income seniors, Senior Academy, Health Benefits Advisors, Transportation, Trips & Tours, Well Checks.

Rainier Senior Center (360) 446-2258

Yelm Adult Community Ctr (360) 458-7733

Lacey Senior Center (360) 407-3967

Senior Action Network

<https://sanolympia.org/senior-resources>

Adoption Resources

Loves Choice

<HTTPS://www.loveschoice.com>

Provides resources for mothers who want to give their baby to an adoptive family and for families who want to adopt.

Adoption Network

<https://www.adoptionnetwork.com/adoption-by-state/Washington/>

Provides resources and information relating to adoption.

Food Resources

County Food Bank (360) 352-8597

<https://tcfb.org>

CIELO-Lutheran Church (360)709-0931

<https://www.cieloprograms.org/>

Heritage House Tenino (360)264-2740

Littlerock United Methodist (360) 943-4720

Tumwater Old Town Ctr (360) 475-4164

Valley Heart Assembly of God (Rainier) (360) 446-2139

Pregnancy Resources

Options Pregnancy Clinic (360) 753-8023

<https://www.olyloveslife.org>

Pregnancy testing, ultrasound, Diapers & wipes, parenting education

Pregnancy Aid of Thurston County (360)0956-7413

<https://pregnancyaidwa.org>

Free prenatal vitamins, pregnancy tests, maternity/baby clothing, diapers, formula, baby furniture; emotional and material support for women and girls of childbearing age before, during, and after pregnancy. Non-sectarian and free of charge.

Care Net of Puget Sound (877) 791-5475

<HTTPS://www.carenetps.org>

Free medical and non-medical services offered.

